

Andrea Fata

Andrea Fata is a licensed professional counselor, trainer and certified employee assistance professional. Ms. Fata has provided behavioral health services and training for 19 years. She has trained law enforcement and military personnel on topics such as Post Traumatic and Critical Incident Stress Management, Resilience and Effective Leadership. In her private practice, Ms. Fata works with returning veterans from the Iraq and Afghanistan conflicts and their families. Other focuses include families of public safety and first responders and the challenges that often accompany these specific professions. Additionally, she also works with a general adult population.

Some of the organizations she has worked for and provided clinical and training services to include Defense Intelligence Agency, Department of the Army, Fairfax County Police and Fire and Rescue Departments, and Department of Homeland Security. Currently, Ms. Fata works with the United States Secret Service, where she provides employee assistance clinical duties, management consultation and training.